

# Focus Fatimiyah Education



| Issue-15 | Aug -10

**Only for Members**

## Message

Bismillah Hir  
Rehman-nir-Raheem

Assalamo- Alaikum

It is an honor to address our students and parents through the auspices of the 15th issue of Focus Fatimiyah Education.

KPSIAJ's mission is to uplift the community through quality education which is blended with Islamic values. These efforts are directed towards the realization of the KPSIAJ vision to see 'a progressive community with sound ideology.' At Fatimiyah Education Network, all efforts are directed towards the realization of the KPSIAJ vision.

The youth represents the future, and special attention is required for their grooming – a fact well realized at FEN and for which plans & strategies have been put in place.

The role of parents is sometimes overlooked in the education system. The home environment, and especially the parent's influence has a lasting effect on the child's mind; schools can only achieve the goals that are supported by the student's family.

I take this opportunity to request the parents, especially the fathers to play a proactive role in their child's upbringing, by not only monitoring his/her academic progress, but also by setting a healthy personal example. Your children will depict your behavior; their character should be a source of pride for you in this world and the hereafter.

I believe that it is the students who make up the institutions. My advice to you is, to remember that good education is important for achieving one's life goals. Never shy away from hard work- the efforts you make today will decide your future.

Take good care of your health and keep yourself physically and mentally fit. Manage your time wisely and lead a disciplined life in order to achieve success.

We are here to support you in your educational endeavors.

I pray for your success and happiness (Ameen)



Ashraf Ali Haidari  
Hon. Secretary - KPSIAJ

## Wiladat Hazrat Fatima Zehra (S.A) - Mothers' Day

The Wiladat of Hazrat Fatima Zehra (S.A) is celebrated as 'Mothers' Day' at Fatimiyah Education Network. Special programs are organized by the students and faculty at all the units to celebrate the occasion in a befitting manner. The students, teachers, and members of the Managing Committee participated in the special celebrations to pay tributes to the beloved daughter of the Holy Prophet P.B.U.H.

Fatimiyah School ECD, conducted special activities for all the classes throughout the month to celebrate the occasion. Students recited Tasbih-e-Fatima (S.A.), Durood Qasidas, and Munajat. Teachers prepared Mobile Boards in which the events of her life, miracles, Ayyats, Ahadees as narrated by the Holy Prophet P.B.U.H. were displayed. Teachers also highlighted the role and special significance of her status in the assembly presentations.

The students of Fatimiyah College celebrated the occasion of Wiladat of Hazrat



Fatima (S.A) as the Foundation Day of their College. Rafay Masood Kazmi XII Sc. Fatimiyah Boys College and Shagufta Ghulam Abbas XII Sc. Fatimiyah Girls College acted as the master of ceremonies. Fatimiyah College Alumni Ms. Huda Jawad in her speech highlighted the different aspects of Hazrat Fatima (S.A)'s life. Mr. Mansoob Hussain Siddiqui, Director Private Schools & Colleges, Govt. of Sindh, officiated as the chief guest. Other dignitaries included Mr. Anzar Hussain Zaidi, Chairman Board of Secondary Education, Karachi and

*Contd. on page # 7*

## Early Childhood Development - Pilot Project

An orientation for ECD Pilot Project was held on April 2, 2010. It was aimed at projecting Fatimiyah School of Early Childhood Education to the community members. The ECD Center at FEN caters to



children aged 2.5 plus to 3.5 plus and future plans include provision of a Mothers Training Center (MTC), a vocational and skill training platform for mothers.

A comprehensive presentation based on scientific research, brain development and the role of care givers was given by PDT (ECD). The presentation highlighted the

fact that individual children develop at their own pace and by the time they attain the age of five, many of their character patterns are already established.

The theme of the program was to inform the parents about the teaching methodologies, with blending of Quranic Ayyats and value integration. The topics selected for the program varied from health and hygiene, the importance of cleanliness, animals and their sounds, to Wazu- Allah is One, and helping others.

All these items were presented in the form of role plays, puppet show, storytelling, and skits. Each of the presentation was elicited with the relevant Quranic verses and its translation given by the children.

Participants (students of ECE I and II) demonstrated their talent, and the level of confidence displayed by them made the event a remarkable achievement.

The children who accompanied their mothers enjoyed the program thoroughly.

*Rubina Jawad, PDT (FS-ECE)*

## Message

### A Child's Early Years What should parents do?

Parents play a primary role in the upbringing, protection and development of their children. Parental love and attention lay a firm foundation for the child to develop and become responsible. Good parenting involves everything from being a playmate, to providing moral guidance. The many responsibilities and demands on the parents make the Parent-Child relationship complex.

Those who shower their children with verbal and physical expression of love will nurture their children's mental and emotional growth and stability. Real nurturing has nothing to do with money, presents or expensive schools, but involves a much more distinctly human commodity: 'Your Time and Presence.' Spending time with your children creates a bond, this closeness in the home is important for the emotional well being of the child and the family. You can set aside time each day to read aloud to your children. This provides an opportunity to teach lessons about acceptable behavior, as well as to impart moral values based on our religion.

Each child has unique physical traits. Parents who are able to respond to their child's unique physical traits help develop warmth and self esteem in their children. So be sensitive to your child's physical attributes and personality.

The early years are an ideal age to teach discipline, but it requires patience and efforts. Your child may become difficult to handle at times because you are asking and expecting more. At this point be prepared to be more flexible and considerate. Use moderation and allow your child to explore his own little world and test his/her resourcefulness. Put yourself in the shoes of a child whose physical and emotional experiences are very different from yours. Be sensitive and empathize with your child, before you make any decision.

It has been rightly said that we grow with our children and learn from our experiences.



*Samira Zaidi, Principal,  
Fatimiyah School of Early Childhood Education*

## Quranic Education at FS-ECE

Al- Quran is the eternal miracle. It is the last Book of Allah (SWT) sent for the guidance of humanity through the last Prophet Hazrat Muhammed (PBUH) 1500 years ago. It is a complete and best guide for living one's life and seeking Allah's pleasure.

Humanity has received Divine guidance only through two channels. a) The word of Almighty Allah (Divine Scriptures). b) The Prophets sent by Allah to communicate His will to mankind. These two have always been going together. The teachings of the Quran have been established by the last Prophet Hazrat Muhammed (PBUH) and his Progeny (A.S) and good Muslims throughout the ages have endeavored to emulate them both in thought and conduct.

Can the Quran again, be a relevant force as powerful as it was 1500 years ago? This is the most fundamental question that we must answer if we wish to shape our lives in the light of the Quran. There appear however, to be some practical difficulties. Most of the followers of Quran today do not know Arabic. They cannot be expected to understand its idioms and metaphors, so essential to exploring and absorbing the depths of the Quranic meanings.

In order to truly benefit from the Quran we have to be able to relate to it in a practical way, every day of our lives. This can be achieved by incorporating it as part of our school learning.

Quranic Education at FS-ECE seeks to provide young students an environment that is conducive to Islamic values and learning. Students will learn key Quranic verses with translation, allowing the understanding of the Quran to manifest in a meaningful and transformative way in their lives.

*Fatima Shahab, Head of Quran Program, FS-ECE*



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## EDITORIAL

Dear Students / Readers.

Assalamo-Alaikum

Congratulations! Students of class X- on your success in the S.S.C II Examinations. Your good results are evidence of your hard work and discipline.

Effective education is the result of students, teachers, parents/family and the schools working together. Each must strive to put practical efforts to make the entire process a success. Students should understand that teaching / learning is a two way street. Teachers cannot educate if the students lack the desire to learn!

We all learn in different manners, but in order to discover and develop our true potentials we must learn through personal experiences. At FEN we aim to promote opportunities that encourage our students and teachers in this direction.

An institution that strives to improve its performance is fulfilling its primary responsibility to its stakeholders. As long as we never lose sight of this principle we will continue to move ahead with confidence in our abilities to discharge the responsibility assigned to us by the community.

This issue contains an interesting interview with Ms. Sana Tauseef (Alumni Fatimiyah Girls School). She describes her passion for teaching and shares her learning, achievements, and plans for the future with our readers.

Ms. Hiba Batool, student of class XI Fatimiyah College shares with us her love for cricket and inspires us to pursue our dreams. Value Orientation Sessions and Professional Development Program for faculty conducted in the month of July are also featured in this issue.

We pray to Allah (SWT) to shower His blessings on us and grant our prayers for peace and unity in our country.

My best wishes to each of you in all your future endeavors.

*Sakina Nanji  
Editor*

## Value Education



Maulana Asghar Hussain Shaheedi - VP (KPSIAJ) conducted a session for the FEN faculty on the topic of "Responsibilities of Teachers" on 8th June 2010. He shared that teaching is universally recognized as a noble profession. He explored the meaning and definition of the words 'noble' and

emphasized purity of intention, self confidence, knowledge and a positive approach as the qualities of a good teacher.

Sessions based on the topic of Tauheed and Adl were conducted by Dr. Aqeel Musa. The facilitator discussed the qualities of Allah (S.W.T). He also discussed kinds of Adl and clearly explained the views through the narration of Quranic Verses and Hadith, same with reference to a teacher's responsibilities.



## Co-Curricular Activities

### Yuum-e-Hussain (A.S)

The students of Fatimiyah Boys and Girls School participated in a program held at Bhojani Hall on 15th January 2010 to commemorate the sacrifice of Imam Hussain (A.S) and the martyrs of Karbala. The objective of the event was to highlight the message of Islam and infuse the spirit of tolerance in the stu-



dents. Participants from class III-X recited Nohas, Marsias, Soz and Salaam. They also delivered speeches to highlight the role of the children in Karbala.

### Seminar

A seminar was organized by the students of the Islamic Society of Fatimiyah Girls School on 15th January 2010 at Shaheed Hamid Ali Bhojani Hall. The topic was selected from the Quranic Verse of Surah Muhammed Ayat no.7. Mrs Syeda Shazia Naqvi an educationist was the chief guest on the occasion; she spoke on the significance of the battle of Karbala and discussed the various dimensions of the personality of Imam Hussain (A.S). The lecture was followed by a Q/A session.

### Career Counseling Sessions

Mr. Raza Abbas, Head of HR & Careers FEN, held two career counseling sessions in January 2010 for the students of class VIII of Fatimiyah Boys and Girls School. He informed the students about the current professional fields available for those interested in pursuing Science, Humanities, and Computer Studies. The session enabled the students to update their information, and remove some of the misconceptions about the selection of the group of studies. Another session focused on the current batch of class X FBS and FGS. The students were provided updated information about the institutions catering to the different subjects and professional studies. The scope of the professions in the near future was also discussed with the students in the interactive session.

### Social Studies Olympiad Tournament

Social Studies Olympiad titled 'Hands on Minds on Activities' held by FBS and FGS in January 2010 provided students an opportunity to use their knowledge and skills in dif-



ferent competitions. Ms. Fauzia Nawaz PDT FEN, Ms. Rizwana Abbas FGS and Ms. Rozina Waliabadi FBS organized the Olympiad. Secretary Education Board FEN appreciated the efforts of the organizers, especially Ms. Erum Sabir and Ms. Nayyer Tauqeer of FBS for preparing the informative and colorful back drop.

He also congratulated the students of Class VIII FBS and FGS on winning the competition. Participating teams/students were awarded gifts and certificates.

### Mathematics Olympiad Tournament

Mathematics Olympiad was organized by Ms. Samina Hanif of FBS, Ms. Nazia Iqbal and Ms. Nazneen Shafi of FGS, for the students of class VII&VIII of both the schools in January 2010. It comprised 3 rounds, Quiz, Visual and Graph reading. The students of grade VII FBS and FGS performed well and won the tournament. The Chairman Education Board FEN, and member Education Board Mr. Riaz Premjee, presided as the guest of honor. The guest of honor applauded the efforts of the teachers and team spirit of the students and disbursed



prizes and certificates to the winners and runners-up of the tournament.

### Bazm-e-Mustafa (S.A.W.W)

A program titled Bazm- Mustafa was organized by Ms. Erum Abbas and Ms. Talmiz Fatima lecturers, (Islamiat) Fatimiyah Girls College on 18th March 2010 at Shaheed Hamid Ali Bhojani Hall. The chief guest, religious scholar Mrs. Sajida Shaheedi and Executive Director FEN; Mrs. Rakshanda Ovais graced the occasion. The program consisted of a panel discussion in which two students Ayesha Munaf and Bisma Hanif of XI-Sc shared their

views on the different ways for establishing a Muslim society in the light of the teachings of Islam.

It was followed by a skit in which the impact of good and bad deeds on one's life was elaborated. A Quiz Competition based on the life of Hazrat Muhammad (P.B.U.H) was also part of the program. The chief guest Aalima Mrs. Sajida Shaheedi in her speech highlighted the different steps taken by our Holy Prophet (P.B.U.H) to strengthen brotherhood among the Muslims of Medina. The program concluded with a vote of thanks by the Executive Director FEN.

### Earth Day

Earth Day Celebrations on 22nd April 2010 at FBS and FGS consisted of different activities to make the students aware of the threats of environmental pollution and climatic changes. Students at FBS prepared Badges titled



'Say No to Garbage'. A session was organized by the students of FGS V-X, on 'Effects of Climatic Change on Human Life and Animals'. Students of FGS tied green ribbons on their wrists as a symbol to keep the planet clean and green.

### CMPHR Seminar

The management FEN and Children's Museum for Peace and Human Rights an NGO organized a seminar on Global Warming for the faculty members FEN on 29th March 2010 at the ECE Auditorium. The informative/interactive seminar consisted of attractive presentations based on scientific facts and evidences to highlight the present situation of global warming in the world.

An interactive session based on discussion on the effects of global warming and its consequences in the future for the entire planet was also conducted.

### Annual Result 2009-10

The Annual Results 2009-10 of Fatimiyah Boys/ Girls School were announced on the 31st March 2010 at a ceremony held at the respec-





## Co-Curricular Activities

tive schools. The Executive Director FEN and Principal FGS Ms. Samira Ramzan distributed prizes and certificates to the position holders on the occasion.

### Eid-e-Milad -un -Nabi (S.A.W.W)

Eid-e-Milad celebrations were held at Fatimiyah Boys and Girls School on 5th March 2010. The function was organized by the Islamiyat teachers of both the schools. President KPSIAJ



and Hon. Secy. Education Board were invited as the guest of honor. Students participated in recitation of Hamd, Naat, and Manqabat to pay homage to the Holy Prophet (P.B.U.H.).

### Annual Picnic

The management FEN arranged a picnic in March 2010 for the students of FBS and FGS. Students of class X FBS enjoyed themselves at



the Sun way Lagoon, while the girls visited the Picnic World Farm.

### Farewell Party

Students of class IX (FBS & FGS) played host to the students of class X at a farewell party arranged in honor of the outgoing batch of class X in March 2010. Members of the manage-



ment committee (FEN) also graced the occasion to wish class X goodbye. Both the classes

participated whole heartedly and presented humorous skits, poems, and qawwali to entertain the guests. Some students also shared interesting anecdotes of their stay at FBS.

### English Day

'Let's Explore English' was the theme of the English Day celebrated by the students of class VIII FGS on 19th Feb, 2010. Ms. Tabas-



sum Hemani (PDT-FEN) and Ms. Uzma Kumail of FGS organized the event. Students researched on various topics to present information to the guests. Word Games Stall attracted the most visitors; the students enthusiastically explained the features of their display in English to the visitors.

### Shahadat-e- Hazrat Fatima Zehra (S.A)

Fatimiyah Girls School organized a program to commemorate the death anniversary of Hazrat Fatima Zehra (S.A). The guest speaker Aalima Uzma Zaidi highlighted the different aspects of Hazrat Fatima Zehra (S.A)'s life and also accentuated different dimensions of her personality. The students paid homage to Hazrat Fatima Zehra (S.A) by reciting Nohas, and delivered speeches. The program ended with a Q/A session.

### SHELL TAMEER & FEN Partnership

A letter of agreement was signed on February 19, 2010 at Shell House, Karachi between representatives of

Shell Tameer & Fatimiyah Education Network to collaborate for implementing entrepreneurial activities under the umbrella of Tameer - Shell LiveWIRE Trust. Through this partnership students of Fatimiyah College will attend entrepreneurship workshops at IBA and other leading business schools of the city. We are happy to report that more than 150 students have availed this opportunity.



### Namaz at FEN

FEN provides appropriate facilities for Namaz to the students of Fatimiyah College, Fatimiyah Girls School & Fatimiyah Boys School. Zohr & Asr prayers are now offered regularly by the students under the supervision of their teachers.



### Workshop on "Using Water Wisely"

A Three day workshop titled "Using Water Wisely" was conducted by Mrs. Rakshanda Ovais Shareef, Executive Director - FEN, from 21 - 23 June, 2010. The project was as joint venture of Idara-e-Taleem-o-Aagahi, Pakistan and Fatimiyah Education Network. The objective was to create awareness among the teachers of Pakistan about Water and Environmental issues.



20 teachers from 6 schools participated in this workshop, in which various issues related to water wastage, water shortage and water safety, were discussed. Relevant reading material was provided to the teachers to make / develop appropriate lesson plans. Mr. Jam Feroz Ali (MPA Govt. of Sindh) also visited the workshop and spoke on the issues related to water scarcity among the provinces of Pakistan. Ms. Bella Jamal, Project Coordinator ITA Pakistan, participated in this workshop and appreciated the efforts of the teachers.

### Gymnasium at Fatimiyah College (Boys & Girls Campus)

Physical fitness is one of the most important features of a healthy lifestyle. It does not only ensure a healthy body, but prepares a learner for dynamic and creative intellectual activities. With this concept, exercise machines have been installed in the premises of Fatimiyah College since March, 2010. At an initial level following machines have been installed:

- Tread mills
- Cardio bikes
- Space walkers
- Twisters
- Dumbbells

Professional instructors are being hired to train the students during their sports periods.



## The Darkest Hour Is Always Before Dawn



Nargis Kirmani  
XI Commerce

When we look at a beautiful piece of Art full of different colors we find some dark and some bright shades adding beauty to it and making it complete. If we observe closely each shade has its significance. So is with our lives; full of problems, mishaps and difficulties, but every challenge that we face has its part to play in the scheme of things. In order to reach to our destination we have to follow some rules. Let's say that when you are depressed, you don't see anything beyond yourself and some times become harsh to others. Sometimes this depression makes our problem more difficult and instead of solving problems, we end up messing them all up. As a result the problems become even more complicated than before. This is a period of darkness in one's life. As someone has said "where there is a will there is a way" so after every dark hour there is a sun which rises in our lives, which is a great cause of contentment. People usually forget to thank GOD for the contentment. A wise man once said "Life is a precious gift of GOD and in every moment and in every problem, we are taught somewhere a lesson to improve ourselves and the experience of not to repeat the same mistake again-it does not matter whether the lesson is harsh or beneficial. We should be happy of what we have and we should always hope for the best to happen as after every dark moment there is a glorious moment in our life.

## Pursue your dreams

Hiba Batool, XI Commerce

I have a passion for playing cricket ever since I was a child and have participated in several tournaments at school level. After joining Fatimiyah College I received tremendous support and encouragement from my Sports Teacher, Ms. Abida Akber.

Owing to her efforts I got a chance to play in the women Under-19 Karachi Cricket team. Our team performed well and stood 1st runner-up of the tournament, I was the second highest wicket taker of the series. I was appreciated by the management of my college, specially my class teacher, Ms Bushra Sikander. She helped me out in striking a balance between my studies and my passion for the game. I also got a chance to play at the District Level. I was placed in Zone "7". By the grace of Allah our team won the match and I received the 'Woman of the Match' award for scoring 42 runs and taking 1 wicket in the Final Match.

I would like to thank to the management of my college, my friends, and my family for their support, encouragement and faith in my abilities. I owe my success to Allah, support of the teacher and the prayers of all my well wishers.

## BOOK REVIEW

### Pakistan In Search Of Identity



Urooj Sagarwala  
XII Commerce

'Pakistan in search of Identity' is written by the renowned Historian Dr. Mubarak Ali. He is the author of more than sixty books on various historical topics. He has adopted a style of writing that is simple and comprehensible for people from all walks of life.

The author has given a brief account of the cultural, political, economical and social aspect of Muslim Society before independence. He narrates the causes of the downfall of the Mughal Empire in India and also highlights the role of several movements/forces which rose up and tried to wake up the Muslims who were in deep slumber, to pave the way for the consciousness of Muslim identity.

The Two Nation Theory according to the author was the primary step towards the establishment of Pakistan. It highlighted cultural, social, historical and religious differences between Muslims and Hindus. Great leaders like Ahmed Sirhindi and Shah Waliullah who were not so well known in their own time, were re-discovered by the Muslim elite of India as they journeyed in search of a separate identity. The author also describes how the political and religious crisis has affected the teaching of history, ideology and religion in Pakistan.



## Past Vs Present



Sana Zehra Yousuf Ali  
XII Com

If we were to compare, our present life style to that of several years ago. To a certain extent, things seem to have been much better in earlier times. Take the example of education, students faced less pressure from teachers and parents. Expectations were often realistic and achievable and this helped the students to be relaxed and cool as individuals. Today, students face much more pressure to perform well in school and colleges to meet the expectations of their teachers and parents. This is reflected by the numerous tuition centers that have mushroomed all over our cities and towns. The academic aspect overrides the importance of social and emotional development. Secondly people in the past were friendlier and more helpful. They were also less materialistic in their approach towards life. They were spontaneous in greeting and helping one another. Now-a-days, people have compartmentalized themselves. There is often little or no communication even among close relatives and neighbors in some cases.

The purchasing power of the consumers was higher in the sixties. Since the world's economy is suffering from financial crisis, the present standard of living of people around the world is also declining, creating the syndrome of the poor getting poorer and the rich getting richer.

A decline is also observed in family values, relationships, and attitude-along with a corresponding decline in the Environment. It would not be out of place to mention that this outer reality is the manifestation of the inner reality of the majority of the population of the world.

Of course, the present time has its appeal too.

The impressive advancements in technology have made our life more comfortable. IT has advanced beyond expectations and enables and serves various other functions as well. Information is available on the NET and can be saved in files and easily retrieved if desired. The computers of today are portable and compact in their designs. A laptop or notebook can be carried around easily.

The telecommunication services are advancing and now there is greater accessibility to make International calls wherever we like. Isn't this a fantastic break through?

Thus, the life style and society of today and that in the past have their own positive and negative aspects. I believe that it is important for one to remain objective to see and appreciate the strengths of times.



## Value Orientation & Professional Development Program

Summer professional development activities at FEN from June 1, 2010 to June 12, 2010 provided teachers a platform to enhance their teaching skills. Subject based groups with their respective lead teachers were engaged in lesson planning and micro-teaching. One to one meeting, discussions and feedbacks from colleagues and lead teachers enabled teachers to identify contextual issues and explore relevant strategies to address them.

Raza Abbas Head of HR & Careers conducted a session for the Unit Heads on the topic "Professionalism & Management" on 10th June 2010. The workshop focused on the various aspects of professionalism in order to be a successful leader.

Mrs. Rakhshanda Ovais, Executive Director - FEN, held a session on the topic "Changing Demands and Expectations" for Lead teachers and Unit heads of FEN on 11th June 2010. The interactive session focused on exploring one's potentials and identifying areas of improvement. She emphasized that leaders have a responsibility to promote a healthy working environment; therefore they must be aware of the vision and mission statements of their institutions and must share it with their team members so that their goals can be aligned with the organization's goals.

In the last week of July 2010, a four day Value Orientation Program included presentations, workshops and sessions by renowned scholars on the following topics:

S.No	Speaker	Title
1	Dr. Aqeel Moosa	Principles of Education in Quranic Perspective
2	Dr. Mohsin Haideri	Application of Western Ethical Theories and Monotheistic Approach to Research
3	Maulana Muhammad Raza Dawoodani	Principles of Ethics and its Practical Application
4	Maulana Ali Murtaza Zaidi	Islamic Concept of Education and Contemporary Educational Theories
5	Mr. Shahab Naqvi (online session Canada)	Educational Theories

Faculty members were also encouraged to share their knowledge and understanding about incorporating Islamic perspectives and values in classroom teaching. The following teachers gave presentations to their colleagues

S.No	Speaker	Title
1	Ms. Bushra & Mr. Tahir Abbas. (FBS)	General Science & Biology
2	Mr. Asif Raza & Mr. Hasnain Raza (FBS)	Physics & Chemistry
3	Maulana Ghulam Abbas Rizvi Ideological Resource (FEN)	Urdu & Social Studies

A need based session on 'How to work with Low Achievers' was conducted by Mr. Lenny Farnon on July 31, 2010. Mr. Lenny discussed the basic reasons for students' inability to come up to class level and suggested activities through which teacher can help students gain confidence, develop their self esteem and do well in studies.



## Health Matters From the desk of Medical Officer:

Dear parent,

182 students of FS-ECE, under 05 years of age were administered Oral Polio Vaccine and Vitamin A drops on 28th April 2010, in accordance with the Governments' campaign. However, it has been observed that the consent form for Polio Vaccine drops for the students of ECE I and ECE II are sometimes returned blank and this causes your child to miss the Polio vaccine and Vitamin A drops. Information about Oral Polio Vaccine (OPV) and Vitamin A drops is being provided in order to remove misconceptions if any.

In Pakistan like many other countries where vitamin A deficiency is a public health problem, Vitamin A is given along with the oral Polio drops. However, because the benefit of vitamin A supplements is transient, children need them regularly every four to six months. Parents are requested to co operate with the FEN management and give timely consent for the administration of this vaccine.

Poliomyelitis, often called polio is an acute viral infectious disease leading to muscle weakness and paralysis. This disease can be prevented by Oral Polio Vaccine drops, because OPV is inexpensive, easy to administer, and produces excellent immunity.

Vitamin A, also called retinol, helps our eyes adjust to light changes when we come in from outside and also helps keep eyes, skin and mucous membranes moist.

Vitamin A deficiency can cause night blindness. Vitamin A deficiency also diminishes the ability to fight infections.

### Cancer Awareness Seminars

Breast cancer is the most common cancer in women around the world. Unfortunately, Pakistan has the highest incidents of breast cancer in Asia. To create awareness about this disease, Dr. Yasmeen Raza, Medical Officer FEN organized a Cancer Awareness Seminars for the students of Fatimiyah Girls College on 17th and 23rd of February, 2010. The presentation highlighted the causes, symptoms, early diagnosis and cure of the disease. The seminar concluded with a Q/A session.

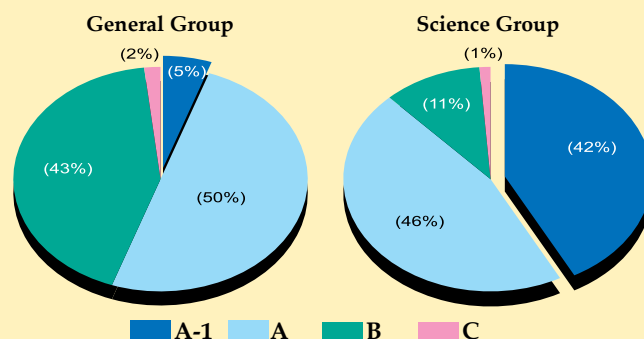


### Health Awareness Session

Health Awareness Session was held at Fatimiyah Girls College on 21st April 2010. The Medical Officer of Fatimiyah Education Network answered the health related queries forwarded by the students. Many myths and misconceptions attached to the age related changes were removed and the students took great interest in acquiring basic knowledge regarding healthy life style, weight maintenance and importance of physical activity.

## Fatimiyah Education Network

Fatimiyah Boys & Girls School S.S.C. Part II Result 2009-2010



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Mr. Naveed Zubairi, Advisor to Education Minister, Govt. of Sindh. The program concluded with the distribution of Certificates to students showing outstanding performance in academics and co-curricular activities.

At FBS, teachers in their presentations highlighted the value of mother's respect in Islam and stressed upon the students to respect and obey their mothers, as their mothers raised them with all the affection, love, and care.

Students of all the classes wrote and recited poems on the theme of mother's love. Speeches on the topic of Mothers greatness were also delivered. A greeting card competition was held and selected greeting cards were displayed on the main soft board. Best category greeting cards were nominated for certificates of appreciation.

Mrs. Masooma Shirazi (Lecturer and poetess) was the chief guest at the program organized at Fatimiyah Girls School. She discussed the role of mothers and urged them to bring up children with love and care.

Mrs. Tahira Mohsin, Mrs. Tahira Rehan, Mrs. Kaneez-e-Sayyada Naqvi and Mrs. Parveen Asif were the guest mothers who shared their daily routines, experiences and their own feelings as mothers.

The multimedia presentation of recorded loving messages by the students of FGS for their mothers was highly appreciated by the audience.

## Human Resource News



Ms. Tahira Naqvi has been appointed as the Principal of Fatimiyah Boys School, in April 2010. She was Principal at 'Educators' (A project of Beacon house Schooling System) for the past 3 years. After Masters

in Microbiology from University of Karachi, she began her professional career from Karachi Public School in 1995 and worked in different capacities as Head of Science Department, House Incharge and Deputy Campus Incharge for a period of twelve years and has valuable experience of running 'O' level and Matric Education Systems.

We welcome her to Fatimiyah Education Network, and are confident that her presence shall be valuable for FEN.

## Scholarships

The scholarship department of Fatimiyah Education Network is proud to announce that a total 138 students have been awarded scholarship in public sector colleges and universities, from January, 2010 to July, 2010.

Break down of academic level is given as under:

### Allocation of Scholarships:

Bachelors (4 Years)	102
Masters	19
M.Phil/PhD	10
MS.Mphil	1
Pharm D (5 Years)	6
Total	138

## Profession in Spotlight

### Teaching Sana Tauseef (lecturer)

*Ms. Sana Tauseef Alumni Fatimiyah Girls School passed her matriculation examination in 1998 and secured 12th position in the Karachi Board. Presently she is working as lecturer Economics and Finance at Institute of Business Administration Karachi.*

#### Q. 1 Could you tell us something about your Educational Background.

A.1) After my matriculation from Fatimiyah Girls School, I joined St. Josephs' College for Women and secured 2nd position in Intermediate Examinations with Economics, Statistics and Geography, as my major subjects. In January 2001, I obtained admission at Institute of Business Administration for the BBA program. In December 2004, I graduated from IBA with majors in Finance, and was awarded two gold medals, one for the Best MBA Student and the other for the Top Finance Student.

#### Q. 2 What motivated you to adopt Teaching as a profession?

A.2) At the time I was studying at Fatimiyah Girls School, I used to give tuitions. The interest in teaching kept on building, and I joined FGS as a teacher, I had to leave the job when I joined IBA but continued with my tuitions (for Accounting, Statistics and Mathematics) to BBA students from other universities. In my last semester at IBA, there was a vacancy in the Finance Department and my passion for teaching led me to apply for that job, luckily I was given the opportunity and the very next day of my comprehensive MBA exam, I entered IBA with a different status, from a student to a Lecturer Economics and Finance.

#### Q.3 Could you describe some of the rewards and challenges of being in this profession?

A.3) The best reward is that you get to learn something new in class. I have been teaching at IBA since January 2005, and I think my knowledge of the subject increases after every semester. Secondly, IBA provides us opportunities to participate in various learning programs, workshops and conferences, both nationally and internationally. I went to Manila, last month for a conference. Meeting the faculty members of business schools from different countries, sharing ideas with them, listening to their perspectives, greatly enhances our knowledge and motivates us towards research. The greatest challenge is that you have to be the master of the subject, and keep your-

self updated with the current happenings. Sometimes, to keep the interest of the students alive, we have to teach them through practical assignments, examples and projects.

#### Q.4 How would you rate the future prospects for an MBA in Pakistan and abroad?

A.4) MBA is a degree which teaches every aspect of business management and with the inclusion of practical assignments, projects, and internships, it prepares the students to enter their careers with all business skills. If we see around the industries, we find MBAs working at top positions everywhere. This is true both for the national markets as well as international markets.

#### Q.5 What subjects should one take in school and college to be able to pursue this profession?

A.5) To get into this profession, I think what one needs first is the passion for teaching. If the interest and motivation is there, then you can prove to be a good teacher.

#### Q.6 What are your plans for the future?

A.6) As I have mentioned, being in this profession, we have to keep ourselves updated on the subjects we teach. As a lecturer at IBA, I have a twofold responsibility, one for teaching and other for research. My first research paper, under the supervision of Associate Dean of IBA is in the process of peer review. I am working on two other research projects these days. I also want to do CFA. I have cleared level 1 and am enrolled for the 2nd level. I also have plans to do my MS and PhD.

#### Q.7 Any message for students who wish to adopt Teaching as a profession?

A.7) I would tell them to study hard. I would like to say something particularly to the girls of our community. The typical thinking these days is that our girls think that they will be confined to the household responsibilities only. I agree that our first priority should be our family, but this does not mean that we limit our selves and stop thinking about our personal growth and careers. If you can keep a balance between your family life and your work life, then there is no harm in taking them together and teaching is the best profession which allows you to maintain this balance.

## Visitor's Diary

**Hujjat-ul-Islam Agha Ahmed Mehdi Zaday** from Islamic Republic of Iran visited FEN on 12th May 2010. He is a renowned religious scholar and educationist and has 25 years experience as a teacher, trainer and study-aid designer. He has participated in various International education exhibitions and has won a prize from UNISCO.



He is author and compiler of children books. Hujjat-ul-Islam Agha Ahmed Mehdi Zadeh conducted a short session of innovative and interesting activities for the students of class III- VIII.

The presenter made some attractive props with colored paper to maintain the student's involvement in the activities. He used innovative methods to teach children importance of Namaz and values such as 'respect of elders' and 'honesty'.

**Hujjat-ul-Islam Sheikh Ali Masoomiyan**, member of Zehra (S.A) Trust London, visited FEN on 17th May 2010. He was invited to speak at a program organized to commemorate the martyrdom of Hazrat Fatima Zehra (S.A). He stated that it is time we improve the conventional teaching and learning methods, and do away with the processes that inhibit students learning. Children should be engaged in research to explore the truth. In his opinion factual details of history must be told to children in correct fashion.

**Hujjat-ul-Islam Dr. Abbas Ali Shameli**, an Islamic scholar and educationist from Islamic Republic of Iran addressed the faculty and members of the senior management of FEN on "Philosophy of Education" on 8th June 2010. Dr. Abbas Ali Shameli obtained his PhD in Education from McGill University Montreal Canada in 1999. Currently he is involved in a project that focuses on the process of Islamization of Humanities and Social Sciences.



He shared that we are living in very critical times, it is very difficult to hold on to our Islamic identity. He elaborated that Islam is a perfect religion, which deals with all aspects of life i.e. social, emotional, physical and intellectual.

Commenting on Value Education he opined that it relates to 'Inner Change' – and our philosophy of education should be based on the Islamic Philosophy of Education. He concluded that it is a time consuming process which requires much study and concerted efforts by the Muslim Academia.

**Dr. Nayyer Rizvi**, Director Fatima Wazir Foundation visited FEN on 3rd July 2010.

Ms. Rizvi received her Masters in Educational Psychology from the University of Hawaii and a Doctoral Degree in Education from Indiana University. She is a licensed guidance counselor and has served in various capacities in schools and universities in Asia, Africa and North America.

Ms. Rizvi's visit entailed a day long session with the members of senior management. She discussed topics which included Philosophy and Ideology of Education, Curriculum Enrichment and Evaluation of Educational Units to monitor the educational process.



